

Humble Senior Activities Program

8233 Will Clayton Parkway, Humble, TX 77338
281-540-7442

Monday

Seniorcise (Elfie)
8:30-9:30am
(Special Events Room)

Senior Drumming (Elfie)
9:45-10:30am
(Special Events Room-**every other Monday**)

Putting Green 8-12pm
(Ballroom 3)

Rhythm walking 10am
(halls of Civic Center)

Beginner Pickleball 11-3pm
(*Cezeaux)

Bingo 1-3pm
(Special Events Room)

Coloring 3:30-4:30pm
(Special Events Room)

Tuesday

REFIT® (Jen) 8:30- 9:30am
(Special Events Room)

Putting Green 8-12pm
(Ballroom 3)

Rhythm walking 10am
(halls of Civic Center)

Swimming 10am – 11am
(*Cezeaux)

Bowling @ Maxbowl
Humble 11am – 12pm

Line Dancing 12:30-2pm
(Special Events Room)

Guitar 10-12pm (Ballroom 3)

Bridge 12:30-3pm (Ballroom 3)

Inter. Pickleball 11-3pm
(*Cezeaux)

Wednesdays

Senior Fit (Ann Marie)
9-9:45am (Special Events Room)

Putting Green 8-12pm
(Ballroom 3)

Swimming 10am – 11am
(*Cezeaux)

Chair Yoga 10-10:45am
(Ann Marie)
(Special Events Room)

Bingo 11:30-1:30pm
Starting 6/30/21

Rhythm walking 10am
(halls of Civic Center)

Bunko (**1st & 3rd Wednesday monthly**) 11am-1pm
(Special Events Room)

Advance Pickleball 11-3pm
(*Cezeaux)

Thursdays

Putting Green 8-12pm
(Ballroom 3)

Fun & Games 9am-2pm
(Special Events Room)

Swimming 10am – 11am
(*Cezeaux)

Rhythm walking 10am
(halls of Civic Center)

Open Play Pickleball
11-3pm (*Cezeaux)

****Phillip Cezeaux Recreation Building**
100 N. Houston Ave,
Humble, TX 77338

****Maxbowl-Humble**
2390 Wilson Rd.
Humble, TX 77396